

# 2007 NHYFSC Game Day Weight

## Game 1 – 8, State, Regional and National Championships

Level	Age (as of July 31 <sup>st</sup> )	Max Body Weight + Uniform Allowance* = Total Weight MBW + UA = TW
Mitey Mites	7, 8 and 9 year olds	99 + 5 = 104 lbs.
Jr. Pee Wee	10 and Under	114 + 5 = 119 lbs.
	11 (Older/Lighter) (O/L)	94 + 5 = 99 lbs.
Pee Wee	11 and Under	129 + 5 = 134 lbs.
	12 (O/L)	109 + 5 = 114 lbs.
Jr. Midget	12 and Under	144 + 6 = 150 lbs.
	13 (O/L)	124 + 6 = 130 lbs.
Midget	14 and Under	169 + 6 = 175 lbs.
	15 (O/L)	149 + 6 = 155 lbs.

\*Weigh-in Uniform = Game Jersey, Game Pants w/ 7-piece pad set, and any footwear.

**Game Day Weigh-ins will be with the above uniform only, without helmet and shoulder pads**